

**FAMILY AND CHILDREN'S SERVICES
INDEPENDENT LIVING PROGRAM FACT SHEET**

Question	Answer
WHAT IS THE INDEPENDENT LIVING PROGRAM?	The Independent Living Program (ILP) assists current and former foster youth aged 15-21 to develop independent living skills and achieve educational and vocational goals to successfully transition to independent living in the community.
WHAT SERVICES DOES THE INDEPENDENT LIVING PROGRAM PROVIDE?	<p>ILP offers a wide variety of services covering a wide range of life skill topics, including:</p> <ul style="list-style-type: none"> • Budget/money management • Self-esteem • Education/Financial Aid • Decision making • Healthy relationships and lifestyles • Housing • Employment • Health and nutrition • One-on-one counseling and tutoring
WHAT RESOURCES DOES THE PROGRAM OFFER?	<ul style="list-style-type: none"> • Cabrillo College Independent Living Skills Workshops • Mother's Weekly Support Group • Social Activities & Field Trips • Special Summer Events
WHAT IS THE INDEPENDENT LIVING RESOURCE CENTER?	<p>The ILP Resource Center is a safe place for youth to go to obtain support from peers and ILP case managers. The center is equipped with a cozy living room and kitchen, laundry facility and computer lab, allowing youth to complete many tasks of daily living. The center also offers free tutoring services, counseling services, food and clothing donations, as well as a hot meal.</p> <p>The Independent Living Program is a program of the Family and Children's Services Division of the Santa Cruz County Human Services Department. ILP services are provided in collaboration with the Santa Cruz Community Counseling Center.</p>
AM I ELIGIBLE?	Youth between the ages of 15-21 years who are or were in out-of-home placement at some point after their sixteenth birthday are eligible for ILP services.
WHO DO I CALL?	To find out more about the Independent Living Program, call (831) 459-0444.

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